

Cost of Living

- The Metro Denver region's cost of living was 14.7 percent higher than the national average as of the third quarter of 2021.
- Housing was the most expensive component of Metro Denver's cost of living, which was 39.4 percent above the national average.

**Cost of Living Index
Selected Metros, Third Quarter 2021**

Location	Composite Index	Grocery	Housing	Utilities	Transportation	Healthcare	Goods and Services
Atlanta, GA	106.6	98.4	112.8	85.2	102.5	109.0	111.5
Austin, TX	101.3	91.8	113.3	95.8	88.6	104.3	100.0
Boston, MA	148.6	118.3	223.5	126.0	104.3	118.8	122.4
Dallas, TX	103.9	99.7	101.3	112.6	89.7	113.6	107.7
Denver, CO	114.7	95.9	139.4	85.8	116.8	103.0	111.4
Houston, TX	95.6	98.5	82.7	109.1	96.0	97.2	100.7
Las Vegas, NV	102.5	107.9	108.5	94.8	118.8	99.0	93.9
Los Angeles, CA	148.0	112.9	230.7	107.3	129.3	113.0	116.6
Miami-Dade County, FL	117.0	121.2	142.6	102.8	99.4	100.5	105.5
Oakland, CA	152.8	129.5	222.8	127.2	140.4	124.0	120.3
Phoenix, AZ	105.8	103.4	122.3	105.1	103.8	94.8	95.7
Portland, OR	127.5	108.4	169.3	90.7	128.0	115.3	113.4
Raleigh, NC	92.6	88.0	89.7	96.2	96.1	92.0	95.1
Salt Lake City, UT	104.7	102.9	104.5	90.8	122.3	96.1	105.9
San Diego, CA	146.3	113.2	222.2	120.1	131.2	108.3	115.3
San Francisco, CA	186.4	130.3	338.0	129.9	144.0	123.8	122.6
Seattle, WA	149.4	127.9	201.4	107.4	135.1	121.2	135.3
St. Louis, MO-IL	87.7	101.2	76.7	91.4	88.3	91.4	89.4
Washington, DC	154.4	107.4	258.1	115.6	99.1	91.0	123.7

Note: National average index = 100.

Source: The Council for Community and Economic Research, Third Quarter Data.